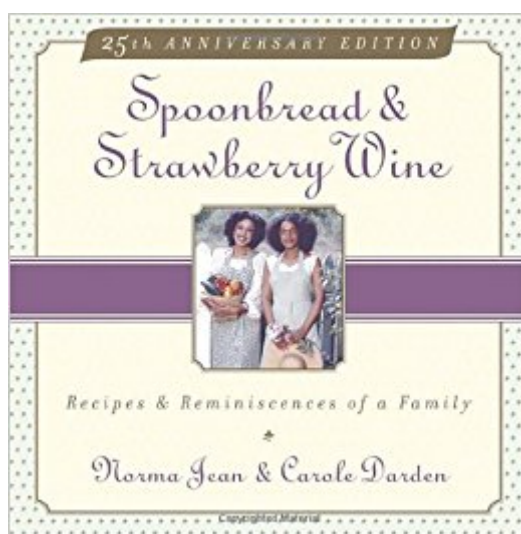


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Spoonbread & Strawberry Wine: Recipes And Reminiscences Of A Family



Synopsis

Spanning over a century of African-American life and culture, this classic oral history celebrates one remarkable family's heritage as told through photos, reminiscences, and recipes--now back in print after six years. B & W photographs throughout

Book Information

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Customer Reviews

It has been more than 15 years since the Darden sisters began compiling the oral histories of elderly family members, and together with cherished recipes they have put the sum total down on paper. Much more than a cookbook, it is a rich cultural legacy that reflects the authors' African American heritage and records the impressive accomplishments of relatives. Then, too, southern origins are reflected in recipes passed down among generations, including hearty seafood and fish dishes, classic barbecued pork, and delicacies such as fresh strawberry ice cream and fudge. Even Aunt Lil's recipe for violet face cream is included in this delightful mélange. Alice Joyce

Spanning over a century of African-American life and culture, this classic oral history celebrates one remarkable family's heritage as told through photos, reminiscences, and recipes--now back in print after six years. B & W photographs throughout

This really belongs in your cookbook collection. Wonderful down-home recipes with sometimes a

sophisticated twist and some great family stories. Just the title makes me want to run out and make both of those things, altho in our family, it would have been Scuppernong wine

I purchased the 1st edition paperback over 20-years ago and lost it. I was dismayed that it's no longer in print but found a new/unused one here (25th anniversary edition) in pristine condition. The book is a wonderful testament to a family's ancestry. Not only do you learn about this wonderful African American family from Civil War era until present times, but you experience who they were/are through their stories and recipes. For anyone who loves history, ancestry, and food, this book is a pure treasure. You will find recipes for game, beauty treatments, homemade wine, as well as downhome cooking. And you will be impressed by the academic and social achievements of this family - many who were college graduates - during the "Jim Crow" era and pre-American Civil Rights movement. And again, you learn about each personality through their recipes and traditions tied to the foods they love. Just wonderful!!!

Ok - Most of the recipes look great and I've had my heart set on a few - especially the 'Okra Succatash' on page 317 (I love okra!). Anyway, as I was looking at the ingredients and reading through the recipe - it calls for 4 ham hocks, 2 lbs string beans, 1 medium onion, sliced and slices halved and salt to taste....ok - where's the rest of the ingredients? According to the directions there's also supposed to also be new potatoes, corn cut off the cob and for heaven sake - OKRA - there's no OKRA in the 'Okra Succatash'! Now how can it be 'Okra Succatash' if there's no Okra?!.....So I don't know what to say....I tried finding a phone # or email where I could get the rest of the recipe - looks like it just ain't happening! So.....unless I can get the rest of this recipe - it's getting a '3' Stars! Sorry!

This book should be a gift for every young woman as a symbolic rite of passage. My daughter will receive my late mother in laws copy as it was a gift from my husband to his mother many years ago. As an African American womann, it reminds me of my very own family, and rich heritage; the great great granddaughter of general store and inn owners, as well as educators. I am proud to own such a gem! You should too!

All of those "hard to find" recipes that some cooks or even grandma take to the "grave" is in here!!!! Anything from pickled watermelon rinds to hot water cornbread!!! These two sisters kept all of their relatives recipes and are now sharing them with us!!! So glad I found some of the ones I'd been

looking for!!!

My mother started using this book when I was a young adult, she wrote notes and made changes on some of the recipes. Now that my mother is deceased it has a sentimental value. I treasure it. I like the book because the recipes are geared toward large and small portions. I purchased the book to give to one of my sisterhood friends daughters who is a new mother. It's old school and she needs something traditional to teach her daughter as she gets older. I rate this book at 5 stars

My favorite cookbook ever! I read this when it came out in the 70s and loved it then, but it soon disappeared from the library. It reads like a novel, written by open-hearted people, and the recipes are simply wonderful. Used a carrot cake recipe from this book yesterday that got "best recipe yet" comments from all five adults who shared the cake. Also great photos and an intimate look at a slice of Black America most Americans never dreamed of.

Excellent replacement for valued original copy owned, but lost many years ago. So admired by current generations of our family cooks, the edition serves as example of attempts to createsimilar recipe cookbook. Sylvia Harrod Blackwell -Family Matriarch---(4 children, 9 grandchildren, 5 great-grandchildren)

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